

AF SERVICES
Fitness
& **Sports**

ALTUS AFB'S
**BIGGEST
LOSER**

JANUARY 3 - MAY 9, 2012

Register by December 31

Open to all base personnel and dependents 16 and up. Prizes for the individual and team with the most weight lost.

Weigh-ins every other Tuesday or Wednesday

INDIVIDUAL AND 4 PERSON TEAM CATEGORIES



ALTUS AFB
FORCE
SUPPORT SQUADRON
www.altusfss.com

**SIGN-UP AT THE FITNESS CENTER
FRONT DESK OR CALL 481-7440**

*Participants may only win Grand Prize once.

